

Prayer for Discernment in Use of Technology

Heavenly Creator,

You have given us the skills and ability to create technology. We have used it often to spread the Good News of salvation and God's plan of Love for those who believe. Please help us continue to evangelize in this way, using the gifts you have given us for good. We can easily become slaves to technology, forgetting the incredible gift of being present to you and to one another.

Through technology, You have blessed us with an easily accessible way to communicate with one another, to share the Good News , and to show the way of Love. Let us continue to witness, not only with our words, but with our actions and the work we do in Your name. May we always embrace our responsibility in this life - to serve you and those we come into contact with each day - as we seek a balance in our use of technology.

May we use technology and our time wisely as a means to communicate your message of love to the world.

Amen.

Adapted Dec. 2020

Retrieved from National Council of Catholic Women <https://www.nccw.org/wp-content/uploads/2018/03/TechnologyPrayer-Updated.pdf>